

中餐任点任吃 Buffet Menu

10-23
最少3位成人 Min. 3 Adults

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桌号 Table No.	
成人 Adult	位 pax
儿童 Child	位 pax

星期一至星期五午餐/晚餐
Mon to Fri Lunch & Dinner

成人 Adult: **\$35.80+** Per Pax

FIXED PRICE FOR CHILD

儿童定价 Child: **\$16.80 +** / Per Pax

(Child height from 100cm to 140cm)

Child height below 100cm free of charge

每位另加 \$2.00 中国茶, 湿纸巾与花生费,
各价格另加现行消费税

Chinese tea, pickles & towel charge

@ \$2.00 per pax

& all prices subjected to Prevailing GST

We serve small portion for 3 -6 persons

Large portion for 7-10 persons

我们将根据您的人数决定菜肴的份量

提供小份给3至6人份/大份给7至10人

备货有限, 卖完为止

WHILE STOCK LAST

本公司保留权利随时更改菜单与价钱以及任何促销条例

We reserved the right to make any Changes including change in price,
content, terms, at any time without prior notice.



Ban Heng Group
of Restaurants

万兴@文庆

BAN HENG @ Boon Keng

Blk 22 Boon Keng Rd

#01-21 Singapore 330022

Tel: 6291 0407 / 6298 5285

Website: www.banheng.com.sg

星期六, 星期天与公假午餐与晚餐
Sat /Sun /PHs Lunch & Dinner

成人 Adult: **\$39.80+** Per Pax

公假前夕午餐与晚餐

Eve of PHs Lunch & Dinner

成人 Adult: **\$39.80+** Per Pax

买3送1

每3位成人消费, 第4位将享有免费

Buy 3 get 1 free

Enjoy 1 dines FREE with every 3 paying adults

营业时间 Business Hours:

午餐 Lunch : 11.30am - 3.00pm

最后点菜 Last dish order by 2.15 pm

晚餐 Dinner: 6.00pm - 10.00pm

最后点菜 Last dish order by 9.15 pm

注意

由于桌子放菜空间有限与在您享用时保持热度, 每次点菜请勿超过10款菜肴, 因厨房收到您的
订单后, 菜肴将会全部即煮上桌, 另各菜肴点后将无法取消, 请勿浪费食物, 剩余食物将另行收费。

注意

请勿浪费食物, 剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件 \$1.50+ 另收费
Wastage of food will be charged \$5.00+ per 100gm, Dim Sum & Crispy Snacks \$1.50+/per piece
自助餐所有食品只限堂食, 不可打包 All buffet food is for dine-in only, not for take-away

Hong Kong Dim Sum (per serving 3-4 pcs)	香港点心 (写笼数/碟数)	点心请写笼或碟数量 Dim Sum write No. of serving	
01 Steamed Shrimp Dumpling (4 pcs per serving)	龙皇鲜虾饺 (每笼4件)		
02 Steamed Siew Mai (4 pcs per serving)	香菇蒸烧卖 (每笼4件)		
03 Steamed Pork Ribs with Black Bean	豉汁蒸排骨 (1碟)		
04 Steamed Chive Dumpling with Shrimp (4pcs)	潮州韭菜水晶球 (4件)		
05 Steamed Shang Hai Xiao Long Bao (4 pcs)	上海小笼包 (每笼4件)		
06 Steamed Char Siew Buns (3 pcs per serving)	蜜汁叉烧包 (每笼3件)		
07 Bamboo Charcoal Musang Liu Sha Bun(3pcs)	竹炭猫山王流沙包3件		
08 Steamed Sponge Cake in HK Style (4pc)	港式蒸马拉糕 (每4件)		
09 Fried Shrimp Bean Curd Roll (4 pcs)	鲜虾腐皮卷 (每碟4件)		
10 Deep-fried Mango Shrimp Roll (4 pcs)	香芒炸虾筒 (每碟4件)		
11 Deep-fried Banana Tempura (4 pcs)	酥炸香蕉天妇罗 (4件)		
12 Deep-fried Pumpkin & Red Bean Cake (4 pcs)	金瓜豆沙饼 (每碟4件)		
13 Deep-fried Carrot Cakes (4 pcs)	香煎萝卜糕 (每碟4件)		
Appetizers / Snacks		开胃冷菜 / 小食 以下请打 <input checked="" type="checkbox"/> Below Please Tick	
14 Century Egg with Ginger	姜片皮蛋		
15 Jelly Fish with Thai Sauce	泰式海蜇		
16 Fruits with Prawns Salad	沙律明虾		
17 Sliced Smoke Duck Meat	烟熏鸭片		
18 Crispy Bean Curd Skin	香脆烤素方		
19 Crispy Salted Egg Yolk Fish Skin	旦黄香脆鱼皮		
Crispy Snacks (serving by piece)		酥炸小食 (以下请写数量) Below Write No. of Piece	
20 Deep-fried Bun (Mantou)	黄金炸馒头		粒pc.
21 Deep-fried Durian Ball	酥炸榴莲球		粒pc.
22 Deep-fried Seafood Roll	潮式海鲜卷		粒pc.
23 Deep-fried Chicken Wing	香酥炸鸡翅		只pc.

请勿浪费食物, 剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件\$1.50+ 另收费
 Wastage of food will be charged \$5.00+ per 100gm, Dim Sum & Crispy Snacks \$1.50+/ per piece

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注意

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贴士

Soup	汤羹类	汤羹类最少4位 Soup Min. for 4 persons		
24 Szechuan Hot & Sour Soup (Min. for 4 pax)	四川酸辣羹			
25 Crab Meat Sweet Corn Soup (Min. for 4 pax)	蟹肉粟米羹			
26 Shark's Fin Soup with Crabmeat & Dried Scallop (One serving per diner only)	干贝蟹肉鱼翅 (每人只限点一次)		汤类请写人数 Write No of pax	
Poultry & Meat	肉类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
27 Fried Chicken Dices with Dry Chili	宫保鸡丁			
28 Chicken Chop with Special Green Apple Sauce	苹果酱鸡扒			
29 Wok fried Mongolian Pork Ribs	蒙古排骨			
30 Wok-fried Pork Ribs with Coffee Sauce	咖啡排骨			
31 Sweet & Sour Pork with Pineapple	酸甜咕咾肉			
32 Fried Venison with Ginger & Spring Onions	姜葱爆鹿肉			
33 Braised Duck in Teo Chew Style	潮州卤水鸭			
Seafood	海产类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
34 Steamed Patin Fish with Black Bean Sauce	豉汁蒸巴汀鱼			
35 Steamed Sea Bass in Hong Kong Style	港式蒸金目卢			
36 Deep-fried Tilapia with Spicy Lemon Grass Sauce	酸辣酱炸红鱼			
37 Deep-fried Fish Fillet with Thousand Island Sauce	千岛酱炸鱼柳			
38 Sweet & Sour Fish Fillets	西湖酸甜鱼片			
39 Fried Prawns with Egg Yolk & Lemon Sauce	西柠汁奶香虾			
40 Fried Prawns with Cereal	麦片香虾			
41 Poached Live Prawns	白灼活虾			
42 Deep Fried Prawn with Wasabi Mayo	日式芥末虾球			
43 Wok-fried Mussels with Spicy Bean Sauce	豉椒炒青口			
44 Chili Lala	辣椒啦啦			

Tofu & Vegetables	豆腐蔬菜	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
45 Braised Tofu with Mushroom	红烧豆腐			
46 Hot Plate Tofu	铁板豆腐			
47 Stir-fried Kang Kong with Sambal Sauce	马来风光			
48 Stir-fried Ceylon Spinach with Sambal Sauce	三峇帝皇苗			
49 Sautéed Long Bean with Dried Chilli Minced Pork	干煸肉碎长豆			
50 Fried Baby Kai-Lan with Oyster Sauce	蚝油小芥兰			
51 Fried Lettuce with Garlic	蒜蓉生菜			
52 Stewed Assorted "Luohan" Vegetables	罗汉上素			
Rice / Noodles	饭/面类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
53 Wok-Fried Hor Fun	干炒河粉			
54 Braised Ee Fu Noodles	干烧伊府面			
55 Fried Mian Xian in Homemade Style	家乡炒面线			
56 Fried Rice with Crab Meat and Egg	蟹肉蛋炒饭			
Dessert (By per pax)	甜品	(以下写人数) Below Write No of pax		
57 Chilled Grass Jelly with Longan	冻仙草龙眼			
58 Chilled Sago Cream with Honeydew	蜜瓜西米露			
59 Red Bean Paste with Lotus Seeds	莲子红豆沙			
60 Sweetened Yam Paste with Gingko Nuts	白果芋泥			
Special Dessert	以下特备甜品	(每位只限点一次) (请写人数) Write No of pax		
61 Kong Cha Bubble Tea	珍珠奶茶			
62 Soya Bean Pudding	老婆豆花			
63 Homemade Osmanthus Flower Jelly	清凉桂花糕			
64 French Cheese Cake	法国芝士蛋糕			
65 Italian Gelato	意大利冰淇淋			

French Vanilla 香草	
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Dark Chocolate 黑朱古力	
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Mango Lassi 芒果	
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Raspberry Sorbet 红莓	
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中餐任点任吃 Buffet Menu

10-23

最少3位成人 Min. 3 Adults

星期一至星期五午餐/晚餐
Mon to Fri Lunch & Dinner

成人 Adult: \$42.80+ Per Pax

FIXED PRICE FOR CHILD
儿童定价 Child: \$16.80 + / Per Pax
(Child height from 100cm to 140cm)
Child height below 100cm free of charge

每位另加 \$2.00 中国茶, 湿纸巾与花生费,
各价格另加现行消费税
Chinese tea, pickles & towel charge
@ \$2.00 per pax
& all prices subjected to Prevailing GST

We serve small portion for 3-6 persons,
Large portion for 7-10 persons
我们将根据您的人数决定菜肴的份量
提供小份给3至6人份/大份给7至10人

备货有限, 卖完为止 WHILE STOCK LAST



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Blk 22 Boon Keng Rd #01-21 Singapore 330022
Tel: 6291 0407 / 6298 5285
Website: www.banheng.com.sg

营业时间 Business Hours:
午餐 Lunch : 11.30am - 3.00pm
最后点菜 Last dish order by 2.15 pm
晚餐 Dinner: 6.00pm - 10.00pm
最后点菜 Last dish order by 9.15 pm

CHEF'S RECOMMENDATION (One serving per diner only)	厨师精选 (每位只限点一次)
B1 螃蟹煮法二选一 Crab choose one flavour only	<input type="checkbox"/> 辣椒螃蟹 Chilli Crab <input type="checkbox"/> 黑椒螃蟹 Black Pepper Crab
B2 Deep Fried Soon Hock Fish	✓ 油浸笋壳
B3 Mini Buddha Jump Over The Wall	✓ 迷你佛跳墙
B4 Poached Live Prawns w/ Chinese Herbs & Cordyceps	✓ 虫草滋补药膳活虾
B5 Sautéed Scallop with Broccoli in XO Sauce	✓ XO带子西兰花
B6 Chicken Satay served with Cucumber & Onion	✓ 鸡肉沙爹
B7 Deep-fried Homemade Durian Roll	✓ 自制酥炸榴莲卷
B8 Double-boiled Bird Nest with Peach Gum (Last Serving)	桃胶炖雪燕 (最后要享用时请通知)

星期六, 星期天与公假午餐与晚餐
Sat /Sun /PHs Lunch & Dinner

成人 Adult: \$46.80+ Per Pax

公假前夕午餐与晚餐
Eve of PHs Lunch & Dinner

成人 Adult: \$46.80+ Per Pax

买3送1
每3位成人消费, 第4位将享有免费
Buy 3 get 1 free
Enjoy 1 dines FREE with every 3 paying adults

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桌号 Table No.	
成人 Adult	位 pax
儿童 Child	位 pax

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订单后, 菜肴将会全部即煮上桌, 另各菜肴点后将无法取消, 请勿浪费食物, 剩余食物将另行收费。

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请勿浪费食物, 剩余食物将会按每100克 \$5.00+, 点心与酥炸小食每件\$1.50+ 另收费
Wastage of food will be charged \$5.00+ per 100gm, Dim Sum & Crispy Snacks \$1.50+ / per piece
自助餐所有食品只限堂食, 不可打包 All buffet food is for dine-in only, not for take-away

Hong Kong Dim Sum (per serving 3-4 pcs)	香港点心	点心请写笼或碟数量 Dim Sum write No.of serving	
01 Steamed Shrimp Dumpling (4 pcs per serving)	龙皇鲜虾饺 (每笼4件)		
02 Steamed Siew Mai (4 pcs per serving)	香菇蒸烧卖 (每笼4件)		
03 Steamed Pork Ribs with Black Bean	豉汁蒸排骨 (每笼1碟)		
04 Steamed Chive Dumpling w/ Shrimp (4 pcs)	潮州韭菜水晶球 (4件)		
05 Steamed Shang Hai Xiao Long Bao (4 pcs)	上海小笼包 (每笼4件)		
06 Steamed Char Siew Buns (3 pcs)	蜜汁叉烧包 (每笼3件)		
07 Bamboo Charcoal Musang Liu Sha Bun/3pcs	竹炭猫山王流沙包3件		
08 Steamed Sponge Cake in HK Style (4 pcs)	港式蒸马拉糕 (4件)		
09 Deep-fried Shrimp Bean Curd Roll (4 pcs)	鲜虾腐皮卷 (每碟4件)		
10 Deep-fried Mango Shrimp Roll (4 pcs)	香芒炸虾筒 (每碟4件)		
11 Deep-fried Banana Tempura (4 pcs)	酥炸香蕉天妇罗 (4件)		
12 Deep-fried Pumpkin & Red Bean Cake (4 pcs)	金瓜豆沙饼 (每碟4件)		
13 Deep-fried Carrot Cakes (4 pcs)	香煎萝卜糕 (每碟4件)		
Appetizers / Crispy Snacks		开胃冷菜 / 小食 以下请打 ✓ Below Please Tick	
14 Century Egg with Ginger	姜片皮蛋		
15 Jelly Fish with Thai Sauce	泰式海蜇		
16 Fruits with Prawns Salad	沙律明虾		
17 Sliced Smoke Duck Meat	烟熏鸭片		
18 Crispy Bean Curd Skin	香脆烤素方		
19 Crispy Salted Egg Yolk Fish Skin	旦黄香脆鱼皮		
Crispy Snacks (serving by piece)		酥炸小食 (以下请写数量) Below Write No.of Piece	
20 Deep-fried Bun (Mantou)	黄金炸馒头		粒pc.
21 Deep-fried Durian Ball	酥炸榴莲球		粒pc.
22 Deep-fried Seafood Roll	潮式海鲜卷		粒pc.
23 Deep-fried Chicken Wing	香酥炸鸡翅		支pc.

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Soup	汤羹类	汤羹类最少4位 Soup Min. for 4 persons		
24 Szechuan Hot & Sour Soup (Min. for 4 pax)	四川酸辣羹			
25 Crab Meat Sweet Corn Soup (Min. for 4 pax)	蟹肉粟米羹			
26 Shark's Fin Soup with Crabmeat & Dried Scallop (One serving per diner only)	干贝蟹肉鱼翅 (每人只限点一次)		汤类请写人数 Write No of pax	
Poultry & Meat	肉类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
27 Fried Chicken Dices with Dry Chili	宫保鸡丁			
28 Chicken Chop with Special Green Apple Sauce	苹果酱鸡扒			
29 Wok fried Mongolian Pork Ribs	蒙古排骨			
30 Wok-fried Pork Ribs with Coffee Sauce	咖啡排骨			
31 Sweet & Sour Pork with Pineapple	酸甜咕咾肉			
32 Fried Venison with Ginger & Spring Onions	姜葱爆鹿肉			
33 Braised Duck in Teo Chew Style	潮州卤水鸭			
Seafood	海产类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
34 Steamed Patin Fish with Black Bean Sauce	豉汁蒸巴汀鱼			
35 Steamed Sea Bass in Hong Kong Style	港式蒸金目卢			
36 Deep-fried Tilapia with Spicy Lemon Grass Sauce	酸辣酱炸红鱼			
37 Deep-fried Fish Fillet with Thousand Island Sauce	千岛酱炸鱼柳			
38 Sweet & Sour Fish Fillets	西湖酸甜鱼片			
39 Fried Prawns with Egg Yolk & Lemon Sauce	西柠汁奶香虾			
40 Fried Prawns with Cereal	麦片香虾			
41 Poached Live Prawns	白灼活虾			
42 Deep Fried Prawn with Wasabi Mayo	日式芥末虾球			
43 Wok-fried Mussels with Spicy Bean Sauce	豉椒炒青口			
44 Chili Lala	辣椒啦啦			

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贴士

Tofu & Vegetables	豆腐蔬菜类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
45 Braised Tofu with Mushroom	红烧豆腐			
46 Hot Plate Tofu	铁板豆腐			
47 Fried Kang Kong with Sambal Sauce	马来风光			
48 Stir-fried Ceylon Spinach with Sambal Sauce	三峇帝皇苗			
49 Sautéed Long Bean with Dried Chilli Minced Pork	干煸肉碎长豆			
50 Fried Baby Kai-Lan with Oyster Sauce	蚝油小芥兰			
51 Fried Lettuce with Garlic	蒜蓉生菜			
52 Stewed Assorted "Luohan" Vegetables	罗汉上素			
Rice / Noodles	饭/面类	以下请打 <input checked="" type="checkbox"/> Below Please Tick		
53 Wok-Fried Hor Fun	干炒河粉			
54 Braised Ee Fu Noodles	干烧伊府面			
55 Fried Mian Xian in Homemade Style	家乡炒面线			
56 Fried Rice with Crab Meat and Egg	蟹肉蛋炒饭			
Dessert	甜品	(以下请写人数) Below Write No of pax		
57 Chilled Grass Jelly with Longan	冻仙草龙眼			
58 Chilled Sago Cream with Honeydew	蜜瓜西米露			
59 Red Bean Paste with Lotus Seeds	莲子红豆沙			
60 Sweetened Yam Paste with Gingko Nuts	白果芋泥			
Special Dessert	以下特备甜品	B8 桃胶炖雪燕 Double-boiled Bird Nest with Peach Gum (每位只限点一次)		
(Below dessert one serving per diner only)				
61 Kong Cha Bubble Tea	珍珠奶茶			
62 Soya Bean Pudding	老婆豆花			
63 Homemade Osmanthus Flower Jelly	清凉桂花糕			
64 French Cheese Cake	法国芝士蛋糕			
65 Italian Gelato	意大利冰淇淋			
French Vanilla 香草		Dark Chocolate 黑朱古力		Mango Lassi 芒果
				Raspberry Sorbet 红莓